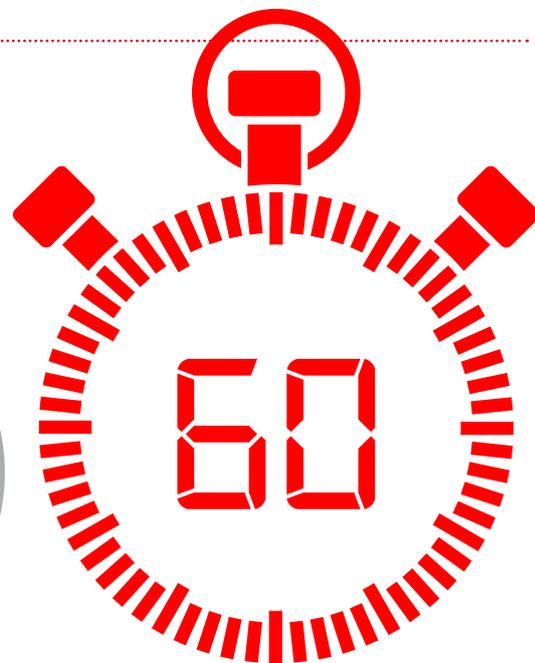


## 60-SECONDS WITH:

**LUCY WICKSTEED**  
**SENIOR**  
**ASSOCIATE**  
**CHARLES**  
**RUSSELL**  
**SPEECHLYS**



**Q** What do you like most about your job?

**A** I really enjoy a puzzle, and working on a FIRE case inevitably means there's a good story to unpick and dive into. Getting to work on interesting cases alongside your colleagues, and having those discussions where you can really think around the problems facing your client together, is a great part of the job.

**Q** What motivated you to pursue this specialisation?

**A** It was what I had always thought "the law" was all about. It was the part of my job that I found the most interesting when I started my career and I enjoy the fast-paced nature of it.

**Q** What is the most rewarding thing about your work?

**A** Getting a good result for a client is the most rewarding part for me. All the hard work that goes into it from everyone across the team makes it all the more satisfying.

**Q** Do you have any career aspirations, and have you achieved any of them so far?

**A** I didn't come into the law with any specific aspirations, I wanted to find something that I enjoyed doing (at least most of the time!) and I was keen to find work that was international in scope. I've been lucky enough so far to have found my work really interesting and have worked on plenty of cases with international elements (many of which have meant I have had the chance to experience different parts of the world), and long may that continue!

**Q** What do you see as being the biggest trends of 2023 in your practice area?

**A** It's got to be between crypto and ESG – it's quite incredible how quickly they have become such a common part of our everyday language. Both crypto and the emerging ESG regulations will no doubt mean that the level of sophistication of frauds will go up another level.

**Q** What has been your most memorable experience during your career so far?

**A** Working on the AHAB v Saad year-long trial in the Cayman Islands. I have so many memories of working on the case in London and then working alongside my colleagues, counsel and the other parties out in Grand Cayman. It was a fascinating case, with plenty of curve balls, all set to the background of watching enormous cruise ships come right up to your window whilst you are having your morning cup of tea. It was a huge team effort and to be able to see it all come together felt like a very unique experience.

**Q** How do you deal with stress in your work life?

**A** I have been told that I come across as calm under pressure, even when I don't necessarily feel it. I think working with other people helps, and I am very lucky to have great and supportive colleagues. I also find a cup of tea takes the edge off most work challenges.

**Q** What is your ideal holiday?

**A** Skiing, it's my happy place. I worked in CRS' Geneva office over a winter season which was amazing.

**Q** What was the last book you read?

**A** Probably something by Oliver Jeffers, my daughter loves his books and they are a regular choice at bedtimes.

**Q** Do you have a favourite food?

**A** Anything Spanish/Canarian, it's where I grew up so it reminds me of home.

**Q** What cause are you passionate about?

**A** Equality. It's frustrating that, whilst lots of things have improved, so many things haven't. We need to keep pushing and speaking up, and hopefully we will get there.

**Q** Do you have a New Year's Resolution, and if so, how do you plan to keep it?

**A** I don't, but perhaps I should.

**Q** What are you looking forward to in 2023?

**A** Spending more time with people – I still feel that I am catching up after the last few years of restrictions!

**L**