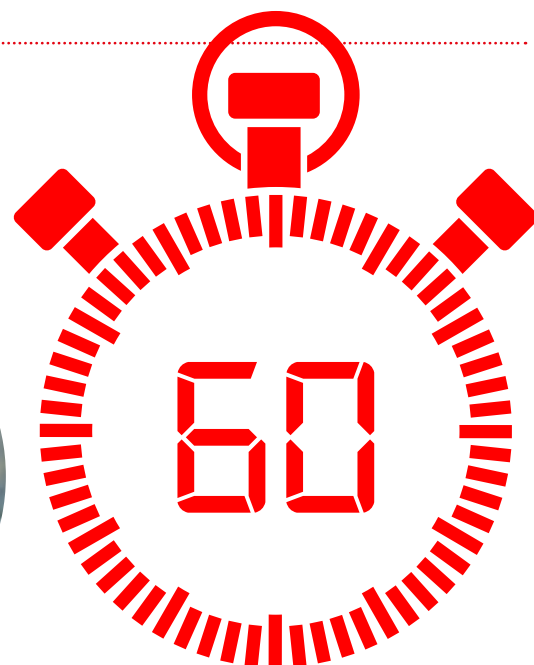


# 60-SECONDS WITH:

## LUCY COLTER BARRISTER 4 NEW SQUARE



**Q** What do you like most about your job?

**A** The sheer pace and the sense of the unexpected. We work a great deal within rules and structures, but you never know quite what is coming next, and this also requires great discipline and speed of reaction. I absolutely love the crucible-effect of trial and cross-examination, an environment in which anything can happen despite (or maybe sometimes because of) the most careful and rigorous preparation.

**Q** What would you be doing if you weren't in this profession?

**A** Who knows? Probably writing novels and living in the Yorkshire Dales, at least for a little while.

**Q** What's the strangest, most exciting thing you have done in your career?

**A** Full disclosure is definitely impossible!! I have had some extraordinary conversations with extraordinary people. That exposure to complex personalities and narratives keeps this job endlessly interesting.

**Q** What has been the best piece of advice you have been given in your career?

**A** Always keep improving.

(Also, and this one I live by, invest in good help. Delegate anything whatsoever that makes your life easier and helps you to maximise your quality time. Time

quickly becomes the ultimate luxury if you are ambitious and working hard).

**Q** What is the most significant trend in your practice today?

**A** An involvement in a series of large-scale fraud and conspiracy claims – these are immensely interesting and challenging and have shaped the last few years of my practice. I have built great experience managing teams able to take on and succeed in this type of litigation which requires very specific skills.

**Q** What personality trait do you most attribute to your success?

**A** Good judgment and confidence in it.

**Q** Who has been your biggest role model in the industry?

**A** No one single person, but several powerful influences including some marvellously talented and courageous women at the Bar who have pushed forward against all of the more and less obvious obstacles to womens' success in this profession and have inspired me to try to do the same.

**Q** What is something you think everyone should do at least once in their lives?

**A** Everyone is so different but, perhaps, take a great journey to somewhere unknown and to do so alone.

**Q** What is the one thing you could not live without?

**A** In all seriousness, my three little girls are all that come to mind. Less seriously, coffee + Third Space (London's most brilliant gym).

**Q** What is a book you think everyone should read and why?

**A** Maybe The Shadow and Evil in Fairy Tales, Marie-Louise von Franz. It is fascinating and full of truth about how people behave and react. Day to day, I read almost exclusively fiction however.

**Q** What would be your superpower and why?

**A** Some kind of healing power, I guess, and that needs no real explanation.

**Q** As a speaker at FIRE International, what are you most looking forward to at the event?

**A** A few glasses of rosé and a lot of excellent conversation. It is so wonderful to see people back together again.

**L**